

## **Week Five – Monday – Breakfast – 7:00am – 8:40am**

### **Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Sliced Pineapple, fresh berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Smoothie of the Day**


Peach Medley

### **Power Performance**

~~Bacon Leek & Swiss Quiche~~

### **Hot line**


Ham & Cheese Biscuit

Halal B/F meat Available 

Triangle hashbrown

Blueberry Pancakes

Turkey Link

Halal B/F meat Available 

Cream of wheat

Congee with Condiment

Hard Boiled Eggs

### **AM Snacks**

Assorted Fresh Fruits

Mini Muffins - Flavor subject to change

## **Week Five – Monday – Lunch – 11:20am – 1pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### **Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### **Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### **Salad of the day**


Greek Salad 


Garlic Three Bean Salad 

### **Deli Bar**


Selection of Deli Meats of Ham, Turkey, Roast beef, Cucumber, Tomato, onions, Cheese, Egg, or Tuna Salad with choice of selected Bread and spreads.

### **Entrée**

Meatballs Gravy 

Soy Steak Mushroom & Onion with Arugula 

Garlic Mashed Potatoes

Steamed Vegetables 

### **International Station**

Jerk Chicken with Mango Salsa  

Coconut milk Rice & Beans

Jerk Roasted Vegetables

### **Dessert**

Assorted Whole Fresh Fruit

Lemon Tart

### **PM Snacks**

Assorted Fresh Fruit

Chewy bar

## **Week Five – Monday – Dinner 5:15pm – 6:45pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### Salad of the day

Greek Salad 

Garlic Three Bean Salad 

### Entrée

Sesame Fried Pork


Halal Option Available

Vegetable Chop Suey

Lo Maine Noodles

Steamed Vegetables

### International

Beef Burrito Bowl 

Burrito Vegetable Rice & Bean Bowl

### Dessert

Assorted Fresh Fruit

Strawberry Shortcake

**Boarder Snack – Pick up @ 6:30pm with your house Bin – subject to change**

Pretzel in Bag

## **Week Five – Tuesday – Breakfast - 7:00am – 8:40am**

### **Continental breakfast to include -**


Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Sliced honeydew, fresh Berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Smoothie of the Day**

Orange Ginger

### **Power Performance**

~~Pineapple Coconut Smoothie Bowl~~ 

### **Hot line**

Everything Omelets

(halal option available)

Tater Tots

French Toast & syrup,

Grilled Ham

Halal B/F meat Available



Baked Beans 

Congee with Condiment

Hard Boiled Eggs

### **AM Snacks**

Assorted Fresh Fruit

Terra Root Chip

## **Week Five – Tuesday – Lunch 11:20am - 1pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### Salad of the day


Chicken & Kalamata Olive Salad


Casaer Salad

### Deli Bar

Selection of Deli Meats of Ham, Turkey, Roast beef, Cucumber, Tomato, onions, Cheese, Egg, or Tuna Salad with choice of selected Bread and spreads.

### Entrée

Honey Garlic Chicken 

Broccoli & Green Bean stir Fry 

Jasmine Rice

Steamed Vegetable

### International Station

Chorizo Mac & Cheese

Halal Option Available 

Mac & Cheese 

### Dessert

Assorted Whole Fresh fruit

Chocolate Silk Cake

### Pm Snacks

Assorted Whole Fresh fruit

Berry Oat Cluster

**Week Five – Tuesday – Dinner – 5:15pm – 6:45 pm**

### Salad Bar

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### **Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### **Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### **Entrée**

Chicken Pineapple



Veg Spring Roll



Rice

Steamed Vegetables

### **International**

London Broil Beef & Gravy

Halal Option Available



### **Dessert**

Assorted Fresh Fruit

Banana Cake

### **Boarder Snack – Pick up @ 6:30pm with your house Bin – subject to change**

Chocolate Chip Cookies in Bag

## **Week Five – Wednesday – Breakfast – 7:00am – 9:00am**

### **Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Sliced Watermelon, fresh Berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter portions, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Smoothie of the Day**


Total Health Booster

### **Power Performance**

Avocado Power Plant Bowl 

### **Hot line**

Egg and Pork sausage breakfast muffin

(halal option available Upon request) 

Baby Pancakes

Pancake Puffs

Chicken Links

cream of oatmeal

congee

Hard Boiled Eggs

### **AM Snacks**

Assorted Fresh Fruit

Sea Salt Rice Krispy Treat

## **Week Five – Wednesday – Lunch – 11:20am – 1:30pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins


### **Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### **Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### **Salad of the day**


Tomato Quinoa Salad 


Chicken Taco Salad

### **Deli Bar**


Selection of Deli Meats of Ham, Turkey, Roast beef, Cucumber, Tomato, onions, Cheese, Egg, or Tuna Salad with choice of selected Bread and spreads.

### **Entrée**

Cod Nuggets & Tartar Sauce 

Tomato Cheese tortellini 

Garlic Butter Steamed Potatoes,

Steamed Kalebanzo Vegetable 

### **International Station**

Beef French Dip Sandwich

Halal Option Available 

Vegetable Sandwich 

### **Dessert**

Assorted Fresh fruit

Pound Cake

### **PM Snack**

Fresh Whole Fruits

Tostito & Guacamole

## **Week Five – Wednesday – Dinner – 5:15pm – 6:45pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### **Dressings**


Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### **Soup of the Day**



Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### **Entrée**

Beef & Lamb Lasagna 

Breaded Eggplant Lasagna

Bruschetta & Crostini

Steamed Vegetables

### **International**

Popcorn chicken 

Roasted Vegetables

Garlic mashed potato

Steamed Corn

### **Dessert**

Assorted Fresh Fruit,

Eclairs

### **Boarder Snack – Pick up @ 6:30pm with your house Bin – subject to change**

Smart pop Popcorn

## **Week Five – Thursday – Breakfast – 7:00am – 8:40am**

### **Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Fresh Grapes, fresh berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter portions, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Smoothie of the Day**

Berried Island Treasure

### **Hot line -**


Roasted Vegetable Frittata

Hard boiled eggs,

triangle hashbrown,

Fresh Toast Waffles & Syrup

Bacon

halal b/f meat option available 

cream of wheat  
congee with condiments

### **AM SANCKS**

Assorted Fresh Fruit

Tea Biscuit

## **Week Five – Thursday – Lunch – 11:20 – 1pm**

### **Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### **Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### **Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### **Salad of the Day**

Caesar Salad

Cheddar Ranch Potato

### **Deli Bar**

Selection of Deli Meats of Ham, Turkey, Roast beef, Cucumber, Tomato, onions, Cheese, Egg, or Tuna Salad with choice of selected Bread and spreads.

### **Entrée**

Shanghai Pork & Mushroom Noodle


Halal Option Available



Sautee Bok Choy & Edamame Stir Fry

Steamed Veg

**International**

Harissa Chopped Chicken Bowl 

Roasted Vegetables

Basmati Rice

Chili Mayo on side

**Dessert**

Assorted Fresh fruit

Maple Mania Squares

**PM Snacks**

Assorted Fresh fruit

Hummus & Cracker Kit

**Week Five – Thursday – Dinner – 5:15pm – 6:45pm**

**Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

**Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

**Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

**Salad of the Day**

Cucumber & Sweet Pepper Salad 

Chicken Taco Salad

**Entrée**


Portuguese Piri Piri Chicken 

Corn Bread & Kael Migas 

Portuguese Tomato Rice

Steamed Veg

### **International**

Teriyaki Meatball Subs 

Jalapeno Coleslaw 

Meatless Tender Subs 

### **Dessert**

Assorted Fresh Fruit

Boston Cream cake

### **Boarder Snack – Pick up @ 6:30pm with your house Bin – subject to change**

Sun chips

## **Week Five – Friday – Breakfast - 7:00am – 8:40am**

### **Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Sliced Cantaloup, fresh berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter portions, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Smoothie of the Day**

Green Apple Banana

### **Hot line**

Egg & Cheese Croissant sandwich

Baby pancake hash brown,

Chocolate pancakes with syrup,

Turkey Bacon

baked beans,

congee with condiments

Hard Boiled Eggs

## AM SNACKS

Assorted Fresh Fruit

Yogurt Tubes

## Week Five– Friday – Lunch – 11:20am – 1pm

### Special Lunch Request

#### Salad Bar

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

#### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

#### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

#### Salad of the day

Cucumber & Sweet Pepper Salad

BLT Salad

#### Deli Bar

~~Selection of Deli Meats of Ham, Turkey, Roast beef, Cucumber, Tomato, onions, Cheese, Egg, or Tuna Salad with choice of selected Bread and spreads.~~

#### Entrée

Beef Tater Tot Casserole



Roasted Peppers & Zucchini & Kale



Mushroom Rice

Kale benzo Veg



#### International station

Pepperoni pizza

Vegetarian pizza



Halal & gluten free available



### Dessert

Assorted Fresh fruit

Mini Cupcakes

### Pm snacks

Assorted Fresh fruit, Tostito & Guacamole

## Week Five – Friday – Dinner – 5:00pm – 6:00pm

### Winter Community Dinner – Special Request Menu

#### Salad Bar

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

#### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

#### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

#### Salad of the day

Caesar salad

BLT Salad

### Entrée

Brown Sugar & Pear Salmon



Sautee Ginger & Garlic Bok Choy and Watercress



Jasmine Rice

Steam vegetables

### International

Chicken Shawarma & Fries Bowl



Falafel Bowl

Garlic Sauce

**Dessert**

Assorted Fresh Fruit

Red Velvet Cake

**Week Five – Saturday – Breakfast – 8:30am – 10:30am**

**Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, pastry of the morning, muffin of the morning and croissants.

Fresh fruit – Fresh Strawberries, fresh berries, fruit salad, Greek yogurt for build your own parfait, cream cheese, jams and butter portions, selection of Assorted sliced breads/bagels and gluten free bread, assorted fresh whole fruit

**Eggs cooked to order**

If the boarder is up and wants some eggs, just ask! From fried eggs, cheese omelet to scrambled

**Week Five – Saturday – Lunch – 11:20am – 1:00pm**

**Winter Community Weekend Request Food**

**Salad Bar**

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

**Dressings**

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

**Soup of the Day**

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

**Entrée**

~~Korean Style Fried Chicken~~



~~Korean Style Veg Stir Fry~~



~~Noodle & Broth~~

~~Steamed Vegetables~~



### International Station

~~Beef Quesadilla~~



~~Pepper & Cheese Quesadilla~~

~~Sweet Potato Fries & Spicy Mayo~~

### Dessert

~~Assorted Fresh fruit~~

~~Tuxedo Cake~~

## Week Five – Saturday – Dinner - 5:00pm – 6:00pm

### Salad Bar

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### Entrée

~~Herb Garlic Grilled Chicken~~



~~Sautee broccolini & Quinoa~~



~~Rice Pilaf~~

~~Steamed Vegetables~~



### **International**

Tonkotsu Pork

Halal Option Available



Bok Choy & Rice

### **Dessert**



Assorted Fresh Fruit

Chocolate Ice Cake

## **Week Five – Sunday – Brunch – 10:30am – 12:30pm**

### **Continental breakfast to include -**

Assorted Cereals milk and Chocolate milk, croissants.

Greek yogurt, cream cheese, jams and butter portions, selection of sliced breads/bagels and gluten free bread, assorted fresh whole fruit

### **Soup of the day** – Vegetarian Soup

### **Entrée**

Breakfast sausage & Egg muffin sandwich,

Scrambled Eggs

Tater Tots

Waffles syrup

Peameal bacon

Maple Salmon



BBQ Meatballs



Rice

steamed vegetables

### **International Station**

Omelet Bar

### Dessert

Assorted whole Fresh fruit  
Cheesecake

## Week Five – Sunday – Dinner – 5:00pm – 6:00pm

### Salad Bar

Daily choice of Mixed Greens, Diced Cucumbers, Diced Tomatoes, Diced Mixed Peppers, Broccoli or Cauliflower Florets, Carrot Sticks, Celery Sticks, Sliced Red Onion, Jalapeno or banana Peppers, Pickles, Olives, Sliced Beets, Sunflower seed, Pumpkin seed, dried Cranberries - Daily Proteins from Shredded Cheeses, Salmon, Tuna, Tofu, Hummus, Chickpeas, Beans, Quinoa, Meat & Meatless Proteins

### Dressings

Alternating Dressing from Creamy Caesar, Italian - Fat Free, Balsamic Vinaigrette, Ranch - Fat Free, Thousand Island, Greek Feta Vinaigrette, East Asian sesame vinaigrette, French, Honey Mustard, and Raspberry vinaigrette, Oil & Vinegar

### Soup of the Day

Cream Base & Broth Base Soups – one with protein and one is vegetarian.

### Entrée

Hakka chicken



Steamed Veg Dumpling



Hakka Fried Rice

Steamed vegetables

### Internatioanl

Deluxe Pizza (pepperoni Green Pepper & Mushroom)

Cheese Pizza

Halal & Gluten Free Available



### Dessert

Assorted Fresh Fruit

Black Forest cake